

Is Something Really Happening to Us & Our World?

Can You Succeed in Our Changing World?

“Your Spiritual Awakening”

With Kathy Thompson

The answer is “YES!” Please, Keep An Open Mind. You Are About To Ascend Into A New Dimension Of Our New Golden Age, Enlightenment, And Become One With Each Other. You Are Not Alone.



1. “The Covers Up” - short story

The world was filled with seven billion people. They were pawns; their lives were controlled. They were deceived and lied to by the “Elite”. Everything in their daily lives was manipulated, so the “Elite ” could profit.

All the information they received were cover ups; media (planted news), government (illegal & corrupt), economy, energy, transportation, environment, education, health, food, weather, and space landings.



Because of it, they suffered from; poverty, famine, unemployment, droughts, floods, fires, crime, and wars. The truth and technologies were kept from them, because of the power hungry “Elite ”.

Secretly some of the people questioned their existence and searched to discover the truth. Their world was changing; physically, mentally, and spiritually. Creatures from other worlds knew their plight and came to help them. The people discovered the creatures were their ancestors. The people had been turned into aliens and were not in their true form. The people were actually magnificent powerful beings. Their lives were not real.

Carefully and slowly their ancestors helped them to get their corrupted world back. The plan went into action.



Announcements were made. A new temporary world government took over, followed by new banks with a new financial system of prosperity, which was dispersed to everyone. The new government stopped the wars, introduced new technologies and held elections for a new world order.

The new technologies were the key to taking the power from the “Elite”.

Everyone became Telepathic to communicate with each other. Phones, the internet, and communications devices went obsolete. Healing Devices eliminated the entire health industry. Environmental Devices cleaned up the weather and planet. Teleportation axed the transportation industries. Communication buttons saw the internet, phones, and television go bye bye. Nano technology and replicators made anything they wanted. It wiped out the industries of; food, clothing, furniture, accessories, appliances, and more. Sonic Showers took over for the bathroom. Holography provided communications, entertainment, and information.

Get the picture?

The powerless “Elite” was kaput, done, gone!!

Then mass landings brought other aliens to help orient and train the people. All seven billion people were taken inside their planet where another society existed. There they were returned to their original majestic form. Their planet above also returned to its original brilliant form in the Fifth Dimension.

Fully restored to the fifth dimension the people spread out throughout the cosmos to serve with light, love, and joy. They all lived happily ever after.

2. Big Changes Are Coming



National Economic and Security Restoration Act - NESARA

President Bill Clinton signed it back in 2000 and it was supposed to have been announced on 9-11

1. Zeros out all credit card, mortgage, and other bank debt due to illegal banking and government activities
2. Abolishes income tax
3. Abolishes IRS; creates 14% flat rate non-essential “new items only” sales tax revenue for government
4. Increases benefits to senior citizens
5. Returns Constitutional Law to all our courts and legal matters.
6. Establishes new Presidential and Congressional elections within 120 days after NESARA’s announcement
7. Monitors elections and prevents illegal election activities of special interest groups

8. Creates new US Treasury currency, "rainbow currency," backed by gold, silver, and platinum precious metals
9. Initiates new U.S. Treasury Bank System in alignment with Constitutional Law
10. Eliminates the Federal Reserve System
11. Restores financial privacy
12. Retrains all judges and attorneys in Constitutional Law
13. Ceases all aggressive, US government military actions worldwide
14. Establishes peace throughout the world
15. Initiates first phase of worldwide prosperity distribution of vast wealth which has been accumulating for many decades. Every American citizen over the age of 21 will receive \$100,000 a month for 11 years. The law requires that the farmers' claims to be paid first before the general public receive funds. Remember, these funds will come from the Level 5 Trust, bank roll programs.
16. Releases enormous sums of money for humanitarian purpose
17. Enables the release of new technologies such as free energy devices, pollution cleanup, and sonic healing machines.

When you look at your article on the Golden age of Gaia, it lists number 11. as forbidding the sale of birth certificates on the stock exchange. That is not part of the original provisions of the law. If that has been added since the law was originally passed so be it but it is not part of the original provisions.

Also number 15, is special as this applies to all American citizens of the age of 21 and over. It is called a prosperity payment. I was able to read the archives that went into detail about this payment.

Basically one must qualify to receive this payment. You first have to be the age of 21 or older. And then you fill out this form and basically you must be able to read, write and speak English. Be able to pass a basic competency test declaring what you intend to do with the money, i.e., not use it for criminal activity or drugs and the like. This if paid out in full would total \$13,200,000.00 over the 11 years.

There is one provision which states that one must try and declare a portion to a humanitarian project of ones choosing. Otherwise this is a payment that American citizens can claim if they are qualified and able.

There is one more payment that every American citizen will get that does not come with strings attached. It is found in the cost of living section of the archives and it officially states that a payment will be made to compensate for the past fraud that the government, the Federal Reserve and the IRS has fostered on the public.

The official statement is: "\$75,000.00 a month for 12 years, or until \$10,000.000.00 is reached" Those are payments that American citizens are liable to receive if all goes forward. Plus everybody who is a non-criminal in stature is entitled to a lump sum payment of \$10,000.000.00 within 72 hours of the announcement of the law.

The US, Canada, UK, and Australia would realize this payment and then it would work its way around the entire planet. Every man, woman, and child on the planet who is a non-criminal would receive this payment. But the original provisions only mention the prosperity payment of number 15.

The farm claims payment would go first and then everything else would fall into place.

For more info, here's the website: <http://mysite.verizon.net/resocgea/nesara.us/index.html>

3. Yes, You Can F-L-Y

FAITH

- Faith Is the Force Behind Belief
- Change Your Attitude
- Release Your Lack & Limitation
- Visualize What You Want - "Name it & Claim It"
- Affirm Your Goals
- Persist in it - Never Give up
- The Answers Will Come



LOVE

- Love Yourself & Others Unconditionally
- Stop Judging Yourself & Others.
- Forgive Yourself & Others
- Learn to Give and Take
- Learn to Care and Share

YOU

You Are Unique, Valuable, Important, One Of A Kind

You Have a Purpose, Set Goals.

Set Them, Keep Them, Use Them

Take Care of Yourself

Feed Your Body, Mind, and Spirit Only the Best

Discover & Reach Your Potential

4. "Let Go"

It's an extraordinary time to be alive, in this New Year, new era, and new age. We are changing along with Mother Earth.

It is a great awakening. Are you feeling different, any changes in your body, your life, your world? Yes, I'm feeling it, too. And I love it. I look around at this magnificent world we live in, and I'm head over heels in love! It is a fabulous time to be alive and a part of these changes.

I'm singing, dancing, and sending out all the love I can! Let's embrace our magnificence.



Feel it in your heart, listen to your heart, not your head. That's where our future is—our hearts.

We are turning our lives and our world into a powerful paradise with our evolution that belongs to us. It is our destiny.

And guess what? There is a challenge we need to get through first, and that is to LET GO of this abused world we have now.

Yes, **LET GO!** It's going, going, gone. Lack is gone, abundance is ours. Limitation is gone, we are limitless. Our ego is gone, we don't need it. Disease and illness is gone, we are healthy. Schools are gone, we have knowledge.

Wars, weapons, crooked economy, crooked government, crooked financial systems are gone. Poverty, duality, food, cars, money, all gone! We are wealthy and peaceful. The past, future, and time, are gone. We are in the I AM presence. There is only "the now."

Fear, hate, greed, jealousy, revenge, anger, all gone! We live in harmony.

We don't need any of that anymore.

So what's left? The only thing that's left is LOVE! As the song goes, all we need is love! The only task we have is to spread that love to all living beings, including Mother Earth/Gaia.

Yes, each of us is different, unique. But we have so much in common; our hearts, our features, qualities, needs, wants, and power. So we are one. Just think about our collective consciousness, and together what we can achieve; build a brilliant New Nova Gaia Star Nation. It is at our finger tips, and we are on the verge!

5. Your Heart is the Key

Listen to your heart. It is your universe, your true self. Yes, you can discover your soul, your spirit, and divine love with yoga, meditation, and the chakras.

Your heart is born first, that is your soul and the universe. That is what you should be listening to—your intuition. It will guide you in everything you do.



Chakra	Function	Location	Related Gland	Symbolic Representation
1st/Root	Survival in the Body and Security	Base of spine	Male: Testes Female: Ovaries	
2nd/Spleen	Emotionality, Sexuality and Clairscentience	A few finger widths below the navel	Pancreas	
3rd/Solar Plexus	Energy Distribution and Personal Power	Solar Plexus	Adrenals	
4th/Heart	Love, Ability to Validate and Be at Peace	Center of chest	Thymus	
5th/Throat	Communication and Expression	Base of neck and throat	Thyroid	
6th/Third Eye	Clearseeing and Clairvoyance	Through center of forehead	Pituitary	
7th/Crown	Knowingness and Higher Spiritual Information	Crown of the head	Pineal	

Permission to copy chart with credit to www.The-Auras-Expert.com

Do These Meditations

1. Love Chant

Instead of using Om, substitute the word with “Love”. Chant the word “love”. Close mouth down on the “V” and breathe out through your teeth.

2. Raise Your Vibrations

1. Press hands together at chest level - as in prayer. Palms and fingers together, up tight against chest.
2. Thrust and extend both arms directly forward, palms and fingers still touching.
3. Keeping heels of hands touching at wrists, open the hands left/right, like a butterfly's wings.
4. Take a deep breath and energetically force it out in short bursts through the teeth. Take another deep breath; repeat. Etc.
5. This is an excellent way to raise Vibration and Frequency,
6. This is Spirit - the Essence of Ascension.

3. Goddess Vortex:

1. Lift your hands above your head and begin to rotate your body clockwise
2. While doing that, sing mantra "iiii" (pronounced ee-ee) so that it vibrates throughout your body and visualize your body morphing into a brilliant pillar of Light, with millions of rainbow colored stars scattered within that pillar of Light
3. Keep singing the mantra and rotating. After a few minutes, drop your hands close to your body and continue rotating clockwise
4. While doing that, start singing mantra "eeeeaa" so that it vibrates through your body and visualize a rainbow vortex of Light expanding from your heart outwards throughout the whole planet. Call upon the presence of your spiritual guides, Ascended masters, Pleiadians, angels, twin souls, soul mates, soul families and other beings of Light.
5. Keep singing the mantra and rotating and stay in the presence of all those beings of Light for a while.

You can activate the Goddess Vortex anytime you feel guided to do so and this will strengthen the planetary network of Light and accelerate the purification process of the non-physical planes that will ultimately lead to the Event.



BONUS Report

How to Forgive AND Forget

We have heard the saying many times that, “It’s easier to forgive than to forget,” but the truth is that unless you are capable of forgetting you never really forgive. Forgiveness is the act of excusing someone for their offense but unless you are also willing to forget their transgression you aren’t truly forgiving them. Refusing to forget a wrong action against you results in a lingering grudge between you and the other person.

Although you may have told them that you have forgiven them, the memory of their actions remains with you and creates a prejudice towards them that results in a lack of trust in the future. True forgiveness involves both forgiving and forgetting and this can be achieved by understanding your own feelings as well as those of the person who wronged you, expressing your feelings in a rational matter, realizing that your relationship is more important than being right and finally accepting your partner’s apology.



You may have been wronged in a situation and your feelings of anger may be completely justified but it’s important to truly understand your feelings in order to forgive and forget. It is imperative that you realize that the actions of the other person may have hurt you or made you angry but that reacting in a hostile manner as a result of these feelings is not beneficial to your relationship.

While your feelings of hurt or anger may be justified, taking the time to work through these emotions before offering forgiveness will help you to forget your partner’s words or actions. If you rush to offer forgiveness before you have had the opportunity to vent your own frustrations it will be difficult for you to forget your partner’s wrongdoing.

You also need to understand the feelings of the person who offended you. It is also important to speak to your partner about why they committed the offense against you. It is not fair to them to make assumptions about why they acted the way they did. Giving them the chance to express their side of the situation will give you a better understanding of why they acted the way they did. You may learn that everything was a misunderstanding or that you were not hurt intentionally. Allowing the other person a chance to offer their take on the situation will enable you to see their motives. Understanding your own emotions as well as your partner’s will help you to really forgive and forget.

Dealing with your own emotions in a calm and rational manner is also crucial to forgiving and forgetting. Your partner may be wrong and you may be completely justified in your feelings of anger but it’s important that you not act strictly on emotion in this situation. Acting and speaking out of anger can elevate the tension in the situation and deter the forgiveness process.

Give yourself a little time to manage your own feelings and collect your thoughts so that when you approach your partner you are able to speak about your feelings in a rational manner. It's best to wait until both you and your partner are ready to speak about the conflict in a calm and rational manner. If you are truly interested in forgiving and forgetting when you have been wronged, wait until both parties have calmed down to ensure that neither one speaks out of anger and destroys the chance for true forgiveness.

A crucial aspect of forgiving and forgetting is valuing your relationship more than you value being right in an argument. While you may be completely right in a situation, being right is not worth destroying the relationship over.

If you are able to put your love for your partner ahead of the vindication of being right you will be more willing to forgive and forget. Also, forgiving and forgetting will allow your relationship to continue to flourish because working through conflicts makes a relationship stronger.

Finally you can never really forgive and forget unless you are truly willing to accept your partner's apology. Harboring feelings that the apology isn't genuine will damage the relationship because you will never forget their offending action.

Listen sincerely to your partner's apology and have faith in them that their apology is heartfelt and genuine. Then let them know that you accept their apology and are willing to not let this situation interfere with your future interactions.

True forgiveness involves not only excusing the transgression but also effectively forgetting it as well. You cannot truly forgive someone if you don't also agree to forget the offense.

Refusing to forget indicates a lack of trust in your partner to not repeat the offense. While deciding to forgive and forget is a personal matter a few suggestions for doing so are to understand your feelings as well as the feelings of your partner, taking the time to rationalize your emotions before you act on them, valuing your relationship enough to truly forgive and accepting your partner's apology with an open heart.

Here is the playlist of 9 videos for **"Your Spiritual Awakening"** =

<https://www.youtube.com/playlist?list=PLxnR81NmJSHL0tVCFDDFXiEhstmSnYRI2>

"Your Spiritual Awakening" is also available as a workshop. Schedule your program for your group now!

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