



Meet Creative Kathy

Creative Kathy Thompson, loves to work with words, so that means she was born with a pencil in hand and/or a microphone. With a B.S. in Speech Communications, Kathy enjoys the platform. Her background includes Toastmasters, training instructor in the Air Force, and teaching her own programs. For over 30 years, Kathy accumulated experience and research. The results are all on her "Yes, You Can" Blog. She is available for interviews on your podcast/show.

Topics to Talk On

1. How to Predict & Prevent Violence
2. Public Speaking
3. Writing
4. Stress

10 Questions

1. What is your best stress tip?
2. Is stress good or bad?
3. What is the difference between the two eyes?
4. What happens to the eyes during stress?
- 5.. What is this called?
6. What can you do about it?
7. Why is this so important?
8. What else can you tell us about the eyes?
9. How can I overcome my fear of public speaking?
10. How do I develop a speech?

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